

# **BASTILLE DAY TRAIL RUN – 11 July**

## **Bastille Day Trail Run is a wilderness adventure, for which you need to be prepared – you have been warned!**

This Trail Running adventure sells out every year, numbers are limited. You are assured of a wild time, wet feet and rewarding OBS, served by French Maids.

Forget avoiding the puddles, your feet are going to be wet today. You will cross cold rivers, get close up with prickly bushes, and be soaked in huge views!

Head over to our website [www.bastilledaytrailrun.co.za](http://www.bastilledaytrailrun.co.za) for more event info!

### **STANDARD ENTRY FEE:**

35km - R1450

25km - R1050

17km - R650

10km - R450

### **Start times:**

35km - 6am

25km - 7am

17km - 8am

10km - 9am

**ONLINE ENTRIES CLOSE ON 25 JUNE 2026!**

**No substitutions, Upgrades, Downgrades after 25 JUNE 2026!**

### **Race Venue:**

The start and finish venue is at The Berg River Dam field, Robertsvallei Road Franschhoek. Right next to the Berg River Dam. Follow the parking signs

**Warm showers will be available.**

### **Registration:**

**Wednesday, 8 July venue TBC**

Late entries available at registration on Wednesday.

**Friday**, 10 July at the Berg River Dam, Franschhoek from 3pm to 7pm

**For the late Larry's** collect your race number from the following times on race morning:

35km: 5:00am, 25km: 6am, 17km: 7am, 10km: 8am

**[CLICK HERE FOR ROUTE INFO](#)**

*Compulsory Equipment:*

**Compulsory Equipment for 35km & 25km:**

- 1) Rain Jacket (waterproof, not just wind breaker, which you may have as well);
- 2) Sensible Clothing for the conditions, eg. compulsory thermal base layer;
- 3) Charged cell phone in waterproof bag eg. Ziplock
- 4) Food – sarmie, fruit, energy bars – for 4 to 10 hours!
- 5) Water – 1.5L min. to start, hydration pack, with bladder. You will be crossing several fresh water rivers.
- 6) Space Blanket & Whistle
- 7) Headlamp/Torch and Race Map – provided
- 8) Re-usable cup

**Compulsory Equipment for 15km & 10km**

- 1) Rain Jacket (waterproof, not just wind breaker, which you may have as well);
- 2) Sensible Clothing for the conditions;
- 3) Water – 1L min. to start, hydration pack, with bladder. You will be crossing several fresh water rivers.
- 4) Re-usable cup

**Recommended Equipment:**

Beanie, Buff, Gloves. Ladies, add a couple of layers. Toes, fingers freeze. Lips go blue.

Mail Landi **[HERE](#)** for more info.

**More information:** [bastilledaytrailrun.co.za/](http://bastilledaytrailrun.co.za/)